

Dr Peter Ryan FRNZCGP Member Skin Cancer College Australasia

Looking After Your Skin Surgery Wound

CURRETTAGE AND SHAVE EXCISION

Caring for your dressing:

- ❖ Leave the dressing on for 24 hours following the procedure.
- ❖ Keep the dressing dry unless we have indicated otherwise (we may be able to apply a film dressing which is water resistant if appropriate).
- ❖ If the dressing gets wet and/or leaks please call the surgery on 347-8848 to arrange to see a nurse for a dressing change.

Removing dressing:

- ❖ After 24 hours you can remove your dressing, the best time to do so is in the shower after you have finished using cleansing products, remove dressing and let the clean water wash over procedure site to clean, gently rubbing the surface of wound with a clean flannel/cloth to take any scabbed/hardened layer off.
- ❖ Be careful when drying the surgery site, ensure to pat the area dry, then apply a layer of ointment to the site and cover with a simple plaster.
- Repeat the above steps for washing, drying, applying ointment and covering each morning and night for at least a week.

Pain relief:

- ❖ When the local anaesthetic wears off, you may need some pain relief. Usually paracetamol is adequate however stronger tablets may be prescribed if appropriate.
- ❖ Do not take aspirin or ibuprofen for pain as this can cause bleeding, however if you normally take aspirin for a medical condition, do not stop unless indicated to stop by your doctor.

We will phone you within 10 days of your surgery to confirm your histology result.